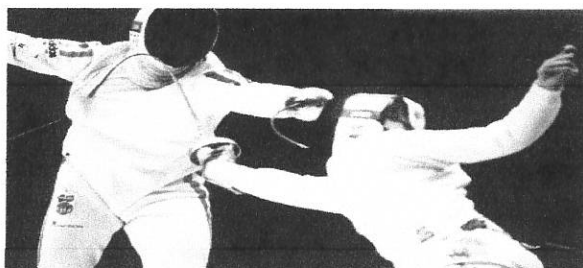


HOMEFIELD SCHOOL FENCING CLUB

BEGINNERS WELCOME

MONDAY 13.30 – 14.15 IN SCHOOL GYM



Fencing is an exciting physically and mentally demanding sport that offers the challenge of combat in complete safety. Fencing exercises a wide range of skills and abilities. It promotes physical fitness and agility speed and precision but is also dependent on mental speed and reasoning.

Age: Unless your child has already fenced, must be 9 or above. Beginners welcome.

Health & safety: Fencing is an active sport and certain amount of physical contact can occur- if you have any medical concerns, please consult your doctor.

Clothing Requirements: Students must wear sensible indoor specific training shoes & socks. Stout track-suit bottoms (preferably with zipped or no pockets) or fencing breeches. T-Shirt or thin long-sleeved shirt.

All **Specialist Equipment** supplied including mask, jacket, plastron non-electric epee.

Coach: Anita has many years' experience in fencing having represented GB at international level herself. Her daughter has represented GB at world Championships level. Her son has represented GB at 3 World championships and is the former British number 1.

If your child would like to attend, please complete the attached and return to school.

FENCING – HOMEFIELD SCHOOL

Childs name:.....

Age & Form:

Parent/guardians contact telephone:.....

Email address:.....

Medical conditions (of which the coach should be aware-please continue overleaf if necessary) if any:.....

I give permission for my child to attend the fencing class. I enclose cash or cheque (payable to A.Thomas) for £75 (being payment for the complete term).

Signature parent/guardian.....Date.....

Anita Thomas Email: anitathomas57@gmail.com Mob: 07746 123365