## This week's mem



## Week Four Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	HUNGARY	ITALY	SPAIN	INDIA	ENGLAND
Main course	Slow Cooked Hungarian Pork Goulash	Slow Cooked Beef Bolognese	Chicken Paella Valenciana	Chicken Curry *Mustard	Linconshire Sausages *Gluten, Sulphites
Special diets	Halal Chicken Paprikash	Halal Lamb Bolognese	Halal Chicken Paella	Halal Chicken Curry * <mark>Mustard</mark>	Halal Chicken Sausages *Gluten, Sulphites
Meat free and vegan	Tofu ,Peppers & Potato Casserole *Soya	Tomato & Basi Sauce	Vegetarian Paella with Soya meat * <mark>Soya</mark>	Chickpeas & Spinach Dahl * <mark>Mustard</mark>	Vegan Sausages * <mark>Gluten</mark> Gluten Free Available
On the side	Parsley Potatoes Thyme Roasted Carrots	Peas & Carrots	Patata Bravas Green Beans Catalana	Basmati Rice Broccoli	Mash Potatoes Cabbage Gravy Sauce
Pasta and jacket potato	Jacket Potato & Baked Beans	Penne Pasta * <mark>Gluten</mark>	Roasted Sweet Potatoes	Naan Bread *Gluten Milk	Jacket Potato & Baked Beans
Dessert	Hungarian Apple Cake *Gluten, Egg	Carrot Sponge Cake with Cream Frosting *Gluten, Egg	Cinnamon & Sugar Churros *Gluten	Raspberries Eton Mess *Milk, Egg	Chocolate Marble Sponge Cak *Gluten, Egg